

WELCOME FRIENDS!

Count on Dancing welcomes our friends from the USA and out-of-towners to this exciting West Coast Swing workshop in Canada's capital. Our event is located in the heart of Westboro, one of Ottawa's, prestigious boutique shopping areas. Come down early Friday, and do some shopping, sightseeing or fine dining all within walking distance of the event.

YOUR INSTRUCTORS

JOHN LINDO began dancing in 1992 with Country Western and line dancing. He quickly moved into West Coast Swing and garnered more than his share of awards and championships. Some of his First Place awards include the US Open, Grand Nationals, Phoenix Champions of Champions and the North Atlantic All Star Division. He received the Entertainer of the Year award at the USA Grand Nationals in 2001.

John just keeps on going.....winning competitions, skillfully judging, and continually wowing his audiences on the dance floor with his warm-heartedness and smile where ever he goes.

If you think "girls just wanna have fun" you have got to experience John Lindo! If nothing else, John insists that fun and the love of the dance be your motivation. Visit John's website at: www.johnlindo.com to learn more.

John is back by popular demand for the third year in a row. Seems we just can't get enough of him!

MARIA CIRINO has over seventeen years of experience teaching couples and line dancing throughout New York State and in Canada. Her expertise goes beyond West Coast Swing to include Hustle, East Coast Swing, Nightclub 2-Step, C&W 2-Step, Waltz, Cha-Cha, Rhumba, Samba, Foxtrot, Merengue, Salsa, Quickstep and line dancing. Whew! Maria currently competes in WCS on the World Swing Dance Council circuit at the Advanced Level. She is a passionate choreographer for her three dance teams, notably The Northern Lights Dance Team - an award winning all female competition team specializing in West Coast Swing and Hustle. Her skills and competency will help you look your best on the dance floor. See Maria's new website www.syracusewestcoastswing.com

ACCOMMODATIONS

The following hotels are located close to the event:

Best Western Macies Motel, 1274 Carling Avenue, Ottawa (613) 728-1951

Embassy West Hotel, 1400 Carling Avenue, Ottawa (613) 279-4331

Webbs Motel, 1705 Carling Avenue, Ottawa (613) 728-1881

FRIDAY NIGHT PRACTICE DANCE

Friday evening, after the workshops, we'll be playing all West Coast Swing music from 9:30 pm - midnight. This is a great opportunity to practice what you've learned. As a special feature we will be showcasing your favorite local instructors in our Invitational Jack & Jill Competition. Come and cheer on your instructors as they entertain and battle it out! If you just want to drop in, and you're not part of the workshop, the cost is \$5/person.

SATURDAY DANCE PARTY

Saturday's Dance Party will feature the best dance mix in the city! Guest DJs John Lindo and Maria Cirino with DJ Dave, will play your favorite West Coast Swing, East Coast Swing, Hustle, Lindy, Latin, Ballroom and Two-Step tunes. And that's not all! There will be TWO Jack & Jill Contests, demos, late night snacks and a few surprises for your enjoyment.

3 JACK & JILL CONTESTS

Due to the immense popularity of last year's J & J, again, this year, we will be offering two divisions. Novice and Experienced (if you've entered more than 2 Jack & Jill's, you're Experienced). Judging criteria are: lead and follow skills and how much FUN you're having! Because there are two divisions, everyone is encouraged to participate regardless of their skill level. Cost is \$5/person to enter. Cash prizes for the top three couples. Register with Linda ahead of time or up until 10 pm on Saturday.

WORKSHOP REVIEWS

Sunday, starting at 2:10 pm (right after Workshop # 9) Maria and Dave will begin the workshop reviews. You must have purchased a Full Workshop Package Pass to attend the reviews.

REDFERN DANCE FOOTWEAR WILL BE ON SITE WITH A VARIETY OF DANCE SHOES